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### ***Further information***

“**Keeping in Touch**” is a monthly newsletter for the Parishes of Alby with Thwaite, Aldborough, Calthorpe, Erpingham, Ingworth, and Thurgarton. It is distributed by volunteers to every house and has details of forthcoming events, church services and notices, Parish Council notices etc. It also has a page of small ads for local services and businesses.

There are several free newspapers/magazines in our part of North Norfolk including the Cromer Crab Tales and Aylsham Post, both of which are fortnightly. They are obtainable from several local outlets including Alby garage and Alby Crafts.

The commercial newspaper is the North Norfolk News every Thursday published by the EDP.

There are notice boards at:

Aylsham, on the East wall of the Town Hall

Erpingham, on the wall of The Erpingham Arms

Erpingham, on the Village Hall (Parish Council and Village Hall notices).

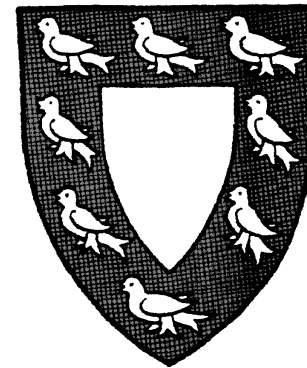
And outside the churches at Calthorpe and Erpingham

### ***Get involved***

There are many opportunities to get involved, have some fun and put something into village life, as little or as much as you want.

We look forward to seeing you, and hope you will be very happy here.

# Erpingham with Calthorpe



# Information

## Information pack for residents in Erpingham and Calthorpe

This booklet has been produced by Erpingham with Calthorpe Parish Council for the benefit of everybody in the two villages, and especially for new residents.

We hope it will give you information that you might need, like where to find services, and also information about activities in the villages which you might join in or benefit from. We also hope that more residents will be encouraged to contribute to these, or other, activities.

Norman Smith, Chairman, Erpingham with Calthorpe Parish Council.  
November 2017.

We would welcome any comments you might have about this booklet and any contributions for future editions. Please speak to any of the Parish Council.

### Village Care

Based in Aldborough but offers services to anyone in the local parishes registered at Aldborough Surgery. Contact Shirley Candler 768608 . Also to local hospitals. For details of Village Lunch phone 768059.,

### Library

The main library is in Aylsham, and a van visits Erpingham (near The Erpingham Arms) and Thwaite Common monthly For times ring Aylsham Library 732320.

## Councils

**Parish council.** Meets usually on the second Wednesday of alternate months. Clerk is Martin Campbell, ☎834551. Formal Notice of meetings, list of Councillors, and Minutes are posted on the notice board outside the Village Hall. Notice of meetings and summary of minutes are given in Keeping in Touch.

**District Council.** We are in Erpingham Ward of North Norfolk District Council. Their Headquarters is in Cromer ☎513811  
[www.northnorfolk.org](http://www.northnorfolk.org)  
Our Councillor is Norman Smith, Conservative, , who lives in Erpingham 768665

**County Council.** We are in North Walsham West and Erpingham division of Norfolk County Council. Their headquarters is in Norwich. For telephone numbers, see the Phone Book. [www.norfolk.gov.uk](http://www.norfolk.gov.uk)  
Our Councillor is John Timewell, Liberal Democrat, 07717881857

**Parliament** We are in North Norfolk Constituency. Our MP is Norman Lamb, Liberal Democrat. Office at North Walsham, ☎01692 403752  
[normanlamb@hotmail.com](mailto:normanlamb@hotmail.com)

**European Parliament.** We are in East of England constituency which has seven MEPs.  
[http://www.europarl.org.uk/uk\\_meps/MembersMain.htm](http://www.europarl.org.uk/uk_meps/MembersMain.htm)

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## Allotments

There are allotment plots in Calthorpe administered by the Townland Trust. Contact Jim Alston ☎761798 or Ray Dancaster 761694.

## Thwaite Common

Is registered common land with free access. There are paths, and Weaver's Way public footpath crosses the common. Be warned that parts of the Common can be very wet, even in dry weather. Cattle graze on the Common during the summer months. It is managed by the District Council ☎513811

## Schools

Erpingham Primary. School Road. ☎761365

Aldborough Primary. Alby Hill. ☎761264

Colby Primary. Bridge Road. ☎733381

Aylsham High School. Sir Williams Lane. ☎733270

## Churches

**Church of England.** There are churches in both Erpingham and Calthorpe with services held on alternate Sundays at 9.30am. Part of a wider grouping including Alby, Aldborough, Ingworth, Thwaite and Thurgarton. Details of all the Services each month are on the front cover of "*Keeping In Touch*". The Parish Priest is Father Paul Thomas, 761110, [synergyatwork@aol.com](mailto:synergyatwork@aol.com)

An ecumenical Christian group meets most Wednesdays at 7.30 p.m. Contact Tony and Jacky Peacock ☎768041

Most other denominations meet in Aylsham and details are available in the Aylsham Post or the Phone Book.

## Bell-ringing

Practise, most Friday evenings 7.30 - 9p.m. Would you like to learn, or just watch Contact Father Paul, as above.

All telephone numbers in Erpingham and Calthorpe and the surrounding area begin with 01263.

## Local Doctors

Aldborough Surgery ☎768602

Hungate Street, Aylsham ☎733693

Market Surgery, Norwich Road, Aylsham. ☎733331

## Emergency

Local plumbers, electricians etc advertise on the back page of "Keeping in Touch". (See back cover.)

## Recycling and Waste

The wheelie bins are collected weekly on Thursdays - green bin one week, grey bin the next. The green bin is for recyclable waste and there is a strict list of allowable material. The grey bin is for non-recyclable waste which goes to landfill. More information from ☎516189 or [www.northnorfolk.org](http://www.northnorfolk.org)

There is also a Garden Waste collection service (Brown bin) which is collected alternate Thursdays (same days Green bin). This currently costs £45.50 per year. Contact Kier Services 0300 123 1163

Please put glass in the bottle banks **outside the Village Hall**. The village hall gets an income from these.

The nearest household waste disposal sites are at Hilltop on the A148 near Sheringham and at Meeting Hill near North Walsham.

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## Shops near the villages

### Post offices

#### *Aldborough*

On the Green. ☎768198

#### *Erpingham*

Mobile PO in VH car park each Tuesday morning.

#### *Aylsham*

In Budgens . ☎733151

### General stores

Aldborough P.O. for groceries, butchery, fruit & veg, chilled & frozen etc and all postal and banking services. ☎768198

Alby Garage on the A140. Open long hours 7 days per week ☎761393

### Cash

The nearest outside cash dispensers are in Aylsham.  
A cash dispenser is also available in Alby Garage.

### Newspapers

Aldborough – Village Shop and Post Office 768198

Alby Garage on the A140. 761393

Delivery Steve McDonald 01603 437579 Daily.

### Crafts

Alby Crafts and Gardens on the A140. Various crafts and Tea Room.  
☎761590

## Local organisations

### Village Hall.

On The Street in Erpingham. Run by a voluntary committee for all the residents of the two parishes. Meetings of the committee are usually on the first Wednesday of alternate months. Contact the Secretary

The Hall Committee run regular events to raise funds for improvements and would welcome new ideas and fresh faces to help. Contact

The 200 Club has for many years played an important role in the funding of the VH. Members of the Club pay a subscription of £5 per number every 20 weeks. A local collector calls for the money. There are prizes of £10 and £5 each week, plus the chance to win £150, £100 or £50 on the 20<sup>th</sup> week. Please contact Jan Jeavons 761620 if you would like to take up a number.

The Hall is available to hire for parties etc. Bookings through Ros Horne 761702.

**Women's Institute.** In the Village Hall on fourth Wednesday of every month. Contact President, Clare Wilson, 761350

**Carpet bowls.** In the Village Hall on Tuesday evenings in the Winter. Contact Marsinah Melville ☎768279

**Bowls.** On the bowling green next to the Village Hall. May to September. Contact George Craske ☎761577

**Erpingham United Football Club.** Plays home matches on Saturdays on the field behind the Village Hall. Contact Matthew Quinn 01692 406681 or 07979501781

**Community Play Area.** On The Street, west of the bowling green. Opened in 2004 with equipment to suit younger and older children and seats for all ages. Contact the Village Hall Committee.

**Coffee Club.** In the Village Hall every Wednesday morning 10:15 – 12:00 noon. Open to all, with delicious home-made cake, scones, and Fair Trade goods. Contact Jacky and Tony Peacock ☎768041

**Erpingham Multi-Use Games Area (MUGA)** is an award-winning year-round facility for the whole community. It utilises the latest sports technology to provide a durable, all-weather surface with floodlighting, recess goals, rebound fencing, basketball hoops, fence-located wickets and mobile tennis nets. Open Weekdays 8am-9pm, Weekends 9am-8pm.

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**Costs** free of charge although a fee of £5 per hour applies for use of floodlights and a tennis net is available to hire for a fee of £10 per year. Bookings can be made via Parish Council website for organised events, although the MUGA is frequently available to simply turn up and play! For further information contact [erpinghammuga@yahoo.co.uk](mailto:erpinghammuga@yahoo.co.uk).

**Erpingham Leisure Hub** is run by volunteers to organise sports activities in the area, currently running walking football, Pilates and Rebound. <http://erpinghamwithcalthorpepc.norfolkparishes.gov.uk/erpingham-leisure-hub/>

## ***Transport***

### **Buses**

A Sanders bus runs through the villages, about 3 times per day in each direction between Aylsham or North Walsham and Holt or Cromer. Timetables are posted on the bus stop opposite the Spread Eagle.

Sanders run a twice an hour service on the main road A140 between Cromer/Sheringham and Norwich. The stops are opposite the Alby Horseshoes and between the pub and the garage.

Aldborough Community Transport runs a service bus on Wednesdays from Aldborough.

The Bluebird school bus between the village and Aylsham is a service bus which the public can use.

### **Trains**

The Bittern Line runs from Sheringham to Norwich with an hourly service Monday to Saturday, and two-hourly on Sundays. The most convenient stations are at Cromer and North Walsham.

### **Taxis**

Listed in *Keeping in Touch*

### **Fuel**

Alby Garage

Roughton Garage

BP Garage on A140 between Aylsham & Erpingham

### **Pubs**

Alby Horseshoes. On the A140 in front of Alby Crafts. Landlords Margaret and Richard Rushmer. Real Ales, home cooking and B&B. 761378. [www.albyhorseshoes.co.uk](http://www.albyhorseshoes.co.uk)

Erpingham Arms, Erpingham 761591 (Closed at time of printing)

Saracen's Head Inn At Wolterton. Innkeepers Tim and Janie Elwes. 768909 [www.saracenshead-norfolk.co.uk](http://www.saracenshead-norfolk.co.uk)

### **Food**

#### *In the villages*

Erpingham House Farm. Free range eggs open all the time (money down tube). Also home produced meat, chutneys and other products. ☎761208

Several other residents have regular/permanent roadside stalls selling eggs, potatoes and other seasonal veg, and flowers and plants.

## ***Aylsham***

Is the local shopping centre with Post Office, three supermarkets, several butchers and bakers and other food shops, and ironmongers, stationers, hairdressers etc. Most of these businesses are locally owned and run. There is a Farmer's Market on the first and third Saturday of each month.

